

THE SWEET PEA VINE

Big and Little, Flippin' Floppin' Opposites



We are learning about OPPOSITES this month in Sweet Peas! This is going to be fun! We will glide high and we will glide low. We will hop fast and we will hop slow. We will kick forward and we will kick backward and we will climb up and over and down and under! We have lots of places to go, feats to try and things to learn!

Did you know that learning about opposites helps children learn to observe, compare and contrast, form ideas, and communicate? We are going to get so smart! Here are just a few ways that learning about opposites benefits children:

Learning About Opposites

1. Increases children's vocabulary
2. Helps children form ideas for communicating
3. Helps children develop a more concrete understanding of specific concepts (water can be hot or cold and tummies can be full or empty.)
4. Improves a child's ability to describe things (I am cold; this is scary.)
5. Helps children understand directions (walk slowly to the car or run quickly to the bathroom.)
6. Builds observational skills (is that dog big or little?)

Not all opposites are the same!

Directional and tangible opposites are easier. Younger Sweet Peas will understand concepts of high-low, over-under and hot-cold better than interpretive or social opposites such as happy-sad, old-young, hungry-full. Older Sweet Peas are ready for all kinds of opposites! Here are some opposites to enjoy with your child:

Big - small
High - low
Fast - slow
Over - under
Go - stop
In - out
Loud - quiet
Hungry - full
Day - night

Old - new
Happy - sad
Easy - hard
Dangerous - safe
Early - late
Better - worse
Arrive - leave
Remember - forget
Start - finish

