

### **Team Gymnastics Coach**

### **Job Summary:**

Are you ready to lead the next generation of gymnasts into competition? We are seeking talented and enthusiastic Team Gymnastics Coaches to join our dynamic staff at our team gymnastics facility.

At Spokane Gymnastics, we encourage the development of everyone, from the kids we coach to the employees we hire. The Team Gymnastics Coaches are responsible for leading and coaching a group of gymnasts in a competitive team setting. Their primary role is to design and implement training programs that help gymnasts develop the physical skills, techniques, and routines necessary to compete successfully in gymnastics competitions. This position is a yearlong commitment, for 2-4 days each week (schedule includes afternoons, evenings, and weekends during competition season). Pay range for this position is \$16.75 - \$22 per hour. Starting pay depends on experience.

### **Responsibilities:**

- Develop and implement training programs that focus on building the physical skills, techniques, and routines necessary for gymnastics competitions.
- Work with gymnasts to identify their strengths and weaknesses and create individualized training plans to help them improve.
- Provide emotional support and motivation to athletes, encouraging teamwork and sportsmanship.
- Ensure that all team members follow proper safety procedures and equipment usage guidelines.
- Communicate with parents and athletes about schedules, expectations, and team events including competitions.
- Collaborate with other coaches and staff members as needed regarding team practices, competitions, and scheduling.
- Attend all competitions and oversee the team's performance, providing feedback and making adjustments as needed.
- Attend staff meetings and training sessions as required.
- Perform other duties as assigned.

### **Qualifications/Skills:**

- At least 3 years of gymnastics developmental program coaching experience OR at least 3 years of experience on Xcel Team.
- Knowledge of gymnastics techniques, training methods, and safety procedures.
- Must be able to stand for over 4 hours at a time
- Must be able to life 50+ lbs
- Excellent communication and interpersonal skills
- Ability to work collaboratively with other coaches and staff
- Strong organizational and time-management skills
- Ability to work flexible hours, including evenings and weekends, to accommodate team practices and competitions.

## Benefits (available at 25+ hours per week):

- Medical, dental, and vision insurance
- 401(k)
- PTO

# Interested in joining our team?

Follow the application steps located on our website here: <a href="https://spokanegymnastics.com/employment-opportunities/">https://spokanegymnastics.com/employment-opportunities/</a>.

Please make sure to attach a resume.