

Skill Chart Preschool Bizzy Bees

Class Day & Time:							
Student Names:							
Floor							
Forward Roll Down Cheese Mat w/o Using Hands to Stand Up							
Backward Roll Down Cheese Mat w/ Spot							
Lunge Cartwheel Over Cartwheel Block (Learn Which Way to Reach)							
Lunge Lever w/Pop							
Wall Walkers To Handstand							
Shapes:							
Tuck/Pike/Straddle Hollow & Arch							
Table Top							
Bridge Introduction							
Jumps							
Straight, Tuck, Straddle							
Vault							
Punch Spring Board w/Two Feet Up To Knee High Mat							
StretchDismount Off Block w/Salute							
Hopscotch							
Bars							
Touch Toes To Bar							
Front Support							
Straddle/Tuck/Pike Hang							
Cast Motion (Hips On Bar)							
Fwd Roll Dismount							
Walk Feet Up Block Pull-Over							
Skinny Cat w/Spot							
Low + Medium Beam							
Front Support Mount From Block							
Walk Forward & Sideways							
Beam Feet							
Crown							
Releve							
Plie							
Hops							